



PARTNERS IN CARING

NEWSLETTER | OCTOBER - DECEMBER

HIGHLIGHTS

The Salvation Army marks 90 Years of Service in Singapore

Race For Good 2025 travels to Punggol Digital District through Coney Island

Peacehaven launches "It Takes A Village" to empower caregivers in the community

INSIDER INSIGHTS

The Salvation Army's Annual Report FY2025

Unveiling the new Sojourn Care Centre and Peacehaven's initiatives for the elderly

STORY

Where Healing Begins: How *Anna found her safety and belonging at Youth Development Centre



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Our Purpose Remains

CELEBRATING 90 YEARS OF SERVICE WITH RED SHIELD APPEAL LUNCHEON

President Tharman Shanmugaratnam officiates launch of "It Takes a Village" - a new initiative by The Salvation Army Peacehaven which empowers caregivers and strengthens community-based eldercare.



The Salvation Army Singapore commemorated 90 years of service at its annual Red Shield Appeal Luncheon 2025, held at Goodwood Park Hotel. The milestone event was graced by Guest-of-Honour President Tharman Shanmugaratnam and marked the official launch of 'It Takes A Village', a community-based initiative designed to empower and support informal caregivers. This initiative is spearheaded by The Salvation Army and supported by the Agency for Integrated Care (AIC).

This year's luncheon carried the theme "Our Purpose Remains", underscoring The Salvation Army's enduring commitment to evolve with Singapore's changing social landscape while staying steadfast in its mission to care for the vulnerable.

The event raised over S\$350,000, alongside S\$6 million in legacy gifts recognised during the luncheon. Proceeds will go towards sustaining the organisation's social and community programmes across 14 centres islandwide.

In 2024 alone, more than 25,000 individuals and families benefitted from The Salvation Army's programmes — from elderly residents receiving dignified care at Peacehaven Nursing Home, to migrant workers finding renewed hope through the Sojourn Programme, and at-risk youths receiving therapy and mentorship at Gracehaven. Families also found restoration through Kids in Play, which reconnects incarcerated parents with their children. The organisation further strengthened its sustainability efforts through Re:Nue, its rebranded social enterprise championing circular retail and community engagement.

As The Salvation Army enters its next chapter, its mission remains rooted in partnership and progress. "Every act of care brings us closer to a Singapore where no one is left behind. We welcome all who share our vision to join us in building a society where the vulnerable are not only supported, but truly valued." shares Regional Officer, Captain Tan Bee Yit.



IT TAKES A VILLAGE

A community-based initiative by The Salvation Army Peacehaven and supported by the Agency for Integrated Care (AIC). The initiative is designed to empower and support informal caregivers; especially family members caring for seniors or individuals with care needs.

A key highlight of the Red Shield Appeal Luncheon was the launch of It Takes A Village, officiated by President Tharman. Developed by The Salvation Army and supported by the Agency for Integrated Care (AIC), the initiative is a timely response to Singapore's rapidly ageing population and rising number of informal caregivers. It builds upon the services currently offered at Peacehaven, The Salvation Army's centre that specialises in eldercare and dementia support.

According to the National Health Surveillance Survey (2013), 6 to 8% of residents aged 18 to 69 provide regular informal care, translating to an estimated 240,000 individuals. With 152,000 people projected to be living with dementia by 2030, the need for

accessible, scalable, caregiving support is increasingly urgent. It Takes A Village aims to reach 55,000 caregivers by 2030, equipping them with practical skills, digital tools, and community support, anchored in the belief that "Everybody is a Caregiver".

Since its pilot in 2024, the initiative has reached over 17,500 individuals, while forming partnerships with schools, corporates, non-profits, and government agencies. It aligns with national efforts including Healthier SG, the Caregiver Support Action Plan (2019), and Singapore's Ageing in Place strategy, all of which prioritise reducing early institutionalization of the elderly, by building a model of community-based care and strengthening preventive care.



"One At A Time" by Barry Yeow (Top)
 "So Let's Keep Walking" by Ridhuan (Middle)
 "Through The Woods" by Md Mukul (Bottom)



CRAFT OF CARING

The luncheon featured the debut of "Craft of Caring", an art-based platform that brings together community artists and beneficiaries to co-create artworks reflecting journeys of care, healing, and resilience. Beyond imparting creative skills, the initiative doubles as art therapy, helping participants process their experiences through visual storytelling. The first series features three original pieces created under the mentorship of renowned artist Barry Yeow, each representing the transformative power of compassion. These artworks were auctioned during the luncheon, with all proceeds channeled towards The Salvation Army's community programmes.

“ Everyone wants things to be to be happy and colourful, but we have our own deformities - the contrast shows through our art. Art has the power to shape our lives. ”

- Mr. Barry Yeow, Artist & Art Educator, pictured left.
 Former beneficiary of Prison Support Services and Artist Mentor

OUR PURPOSE REMAINS

In commemoration of 90 years of service to vulnerable communities in Singapore, The Salvation Army (TSA) continues to advance its mission through a range of meaningful and impactful initiatives. Throughout the year, our social service centres islandwide hosted community engagements, festive programmes, and volunteer-driven activities that strengthened public awareness and provided essential support to those who depend on our services. These efforts reflect the dedication and compassion of our staff, volunteers, and partners, and underscore TSA's ongoing commitment to responding to the evolving needs of vulnerable individuals within our community.



GATHER TOGETHER

20 MAY 2025 - The Salvation Army and The Roxy Foundation partnered to raise awareness and support for the meaningful social work being done for our beneficiaries. The event was graced by Mr Seah Kian Peng, Speaker of Parliament and took on a unique concept that featured attendees in cultural outfits, creating an atmosphere of celebration and inclusivity. The Acrylic Project and the Rafflesians also brought their creativity and compassion to life through the sale of customised bears, raising additional funds in support.



RACE FOR GOOD 2025

20 SEPT 2025 - The third edition of Race For Good was held at Punggol Digital District through Coney Island, holding great significance as we commemorate service to the vulnerable in Singapore since 1935. Over 1,500 participants joined the 5km, 10km and 21.1km categories and attended our family event, Festival For Good. We were honoured to have Deputy Prime Minister and Minister for Trade and Industry, Mr. Gan Kim Yong as our Guest of Honour.



LAUNCH OF THE SOJOURN CARE CENTRE

26 JULY 2025 - The Salvation Army Singapore unveiled the Sojourn Care Centre, marking a new chapter in its ongoing mission to serve our vulnerable migrant brothers and sisters in the community. More than a sanctuary, the centre represents a place of healing and a support network for those who have come to Singapore in search of opportunity, but who may find themselves alone or in need.

Here, Sojourn offers more than services but a community of hope. Sojourn, also known as the Migrant Workers Ministry Group, offers a slew

of services for our migrant workers;

A Traditional Chinese Medicine (TCM) clinic operated by volunteer practitioners, a physiotherapy suite designed to help those recovering from injury and illness, and a welcoming multi-purpose front office where meals and supplies are shared with those in need, language and upskilling lessons are held and free health check-ups are conducted.

Beyond facilities, the Sojourn Care Centre is a testament of love in action for our migrant brothers.



SENIORS' CULINARY LEGACY

The Salvation Army **Peacehaven** launched a new programme that puts our seniors in the spotlight; not just as learners but as teachers and chefs. Every month, a senior takes the lead to share a special dish close to their heart, teaching fellow elders through a workshop and starring in their very own cooking video. The series honours intergenerational bonds, preserves cultural knowledge and reminds us that food is more than just sustenance.

This programme brings to life Peacehaven's Model Of Care: a belief in lifelong learning, continuous engagement and leaving a legacy.



CARE CARNIVAL

14 JUNE 2025 - The CARE Carnival is one of the first large-scale events under **Peacehaven's** "It Takes A Village" initiative, a ground-up movement that aims to build a strong, inclusive caregiver support network across Singapore. With interactive booths, informative presentations and intergenerational activities, Peacehaven strives to not only support caregivers, but to contribute to reducing the stigma that often surrounds caregiving roles and conditions like dementia.

The event was also supported by The Agency of Integrated Care (AIC) and graced by Guest-of-Honour, Minister of State for Foreign Affairs and Trade & Industry, Ms Gan Siow Huang.

INSIDER INSIGHTS

In December 2025, TSA launched the Annual Report for FY2025. Discover some insider insights below and view the full report online at:

www.salvationarmy.org.sg/md-annual-reports/
or scan the QR code:



CHILDREN & YOUTH GROUP

Serving children and youths who need protection and care, aged between 5 to 18 years old.

- **221** children and youth were positively impacted through the Centre of Psychological & Counselling Services (CPC)
- **189** unique attendees at the Youth Development Centre (YDC) every month
- **189** children reconnected with their families with incarcerated parents

THE ELDERLY

Accordinging dignity and empowering seniors, including those with dementia, to live independently. Serving elderlies living alone and those who struggle to make ends meet.

- **88%** of residents are aged 65 and above
- **76%** of residents have improved or maintained overall well-being scores
- **87%** have maintained mobility despite old age
- **1400** referrals managed by Family Support Services (FSS)

EX-OFFENDERS & THEIR FAMILIES

Providing aftercare support to ex-offenders to help them reintegrate into society.

- Approximately **SGD \$20,000** disbursed in vouchers and cash support for daily expenses, providing crucial financial relief and support for immediate needs.
- **450** family members reunified, offering a vital link to their loved ones and garnering support
- **300** released inmates experiences enhanced reintegration support with connection to community resources

MIGRANT WORKERS MINISTRY

Supporting our migrant brothers and sisters who are caught in distressed circumstances.

- **650** domestic workers helped per calendar year
- **23,000** meals served to dormitory-based migrant workers
- **2,000** migrant workers benefitted each month from various outreach and educational programmes
- **5,000** food-coupons distributed to injured and displaced migrant workers



At just 10 years old, Anna*, carries a world too heavy for her small shoulders to bear. Home is a rental flat, a modest unit shared with her parents, older sister and little brother. Every day, her parents work tirelessly to make ends meet, often leaving Anna* feeling unseen, as the quiet middle child who tucks her pain away behind shy smiles. Not being able to express her emotions freely from such a young age left her with lifelong emotional dysregulation, an endless cycle of self-doubt and self-harm; marks unseen but felt deeply.

When she first joined The Salvation Army's Youth Development Centre (YDC) at the start of 2025, Anna hardly said a word, but she found something she had been longing for - a safe space where she could simply be a child. Through creative hobbies guided by YDC staff - painting, colouring and slime-making - she learnt to express herself in healthy ways, letting her feelings flow gently instead of keeping a storm within. These activities helped her discover ways to manage her emotions which opened her heart to a world of compassion and joy when she was able to connect with her peers. *"I always have fun at YDC", "I like hanging out with my friends there"*, shares Anna - words that are a powerful testament to healing when a child is able to feel safe and seen.

Seeing the light return to Anna's face, her older sister felt encouraged to join in. Now, they take part in activities that bring rare moments of happiness to their days - moments where they feel truly safe and loved. As we gather with our family and friends this holiday, let us remember the vulnerable children in our community - the little hearts who long for the same warmth and love that many of us have in our homes.

Your gift can help make that possible.

Every donation, no matter big or small, brings comfort to a vulnerable individual who needs it most.

**Name has been changed to safeguard the beneficiary and a volunteer model was used.*

YOUTH DEVELOPMENT CENTRE

The Salvation Army's Youth Development Centre (YDC) reaches out to latchkey youth-at-risk from low to middle income families, with a focus on troubled youth who are facing issues at home or in school. Rising to meet growing societal needs, YDC has expanded to its youth mental health programmes over the past year to reach and engage young people meaningfully, and dedicated staff engage the youth through a variety of activities to impart values and life skills, laying a strong foundation for bright futures ahead.

DROP-IN CENTRE

Study Programme to support youths
Psycho-social-emotional education & workshops

RE:IGNITE

A programme designed to support youth in developing healthy coping skills for their mental well-being; Discovering strengths, building resilience & finding purpose.

IMPACT

- Serving an average of **40** youths, **189** drop-in centre attendees a month
- **49** active youths in Re:Ignite from **250** children under Gracehaven's care

Join us as a Volunteer!

At The Salvation Army, volunteers play an active role in caring and enriching the lives of the vulnerable in our community.

You can support an existing programme or initiate a project to help those in need.

Learn more at the link below, or scan the QR code:

WWW.GIVLLY.COM / TSA / VOLUNTEER_REGISTER

LEARN MORE



Y G O C G B D S S I N G A P O R E U
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 A A F R E M J F V F L H P B R N W D
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 Y N B T I D S S N S E E Y N R I N S
 J G O P R A I S E D L N N Y T S G G
 J M K W H E A R T W O R K W J O H B

WORD SEARCH

Find the words in the puzzle!
 Words are hidden left, right
 and diagonally.

ARMY
 BEFRIENDERS
 CAREGIVING
 CAREHAVEN
 COMMUNITY
 CORPS
 DEVOTION
 FOSTERING
 GRACEHAVEN
 HEARTWORK
 NINETY
 PEACEHAVEN
 PRAISE
 PSS
 RENEUE
 SALVATION
 SINGAPORE
 SOJOURN



"Rejoice always,
 pray continually, give thanks
 in all circumstances;
 for this is God's will for you
 in Christ Jesus."

THESSALONIANS 5:18



CULINARY LEGACY



Laksa Mee Curry
 Inspired by Fatima's recipe;
 Episode 3 of Peacehaven's
 Culinary Legacy series.

Watch the series on Peacehaven's
 YouTube channel:
 @TheSalvationArmyPeacehaven2025

Ingredients

Spice Paste

10 shallots, peeled and sliced
 1 3-inch segment old turmeric (30 g),
 skinned
 1 2-inch segment galangal (60 g)
 8 stalks lemongrass (100 g), sliced
 20 stalks dried chilies, soaked until
 softened
 10 candlenuts (60 g)

Laksa Broth

1/2 cup cooking oil
 1 quart prawn or chicken stock
 2 cups coconut milk
 20 pieces tofu puffs, scalded in hot
 water briefly to remove oil (see notes)
 2 teaspoons salt, or to taste

Assemble

Cooked egg noodles
 Cooked vermicelli
 200 g bean sprouts, blanched
 1 cucumber, julienned
 500 g prawns, boiled and peeled
 2-3 large fishcakes, boiled and sliced
 20 quail eggs, hard-boiled (see notes)
 1 bunch polygnum leaves, or daun

To Prepare the Sambal: Using an electric blender, finely grind fresh red chilies, dried chilies, and shrimp paste. Heat oil. Sauté chili spice paste until fragrant, stirring continuously. Add salt and sugar to taste. Set aside to serve with finished laksa.

To Prepare the Spice Paste: Using an electric blender, pulse shallots, turmeric, galangal, lemongrass, dried chilies, candlenuts, and shrimp paste until they form a smooth paste, adding a bit of water if necessary.

To Prepare the Laksa Broth: In a large heavy-bottomed saucepan, heat 1/2 cup cooking oil. Sauté spice paste until fragrant. Add stock and bring to a boil. Add coconut milk, tofu puffs, and salt. Bring to a quick boil, stirring continuously. Turn off heat once broth comes to a boil.

To Assemble: Blanch noodles in boiling water and drain. Place some noodles into a bowl, garnish with bean sprouts and cucumber. Ladle hot laksa broth and tofu puffs over noodles. Top with prawns, fish cake slices, quail eggs, and daun kesum if using. Serve with sambal.

DONATION FORM

(To be mailed out with the attached Business Reply)

Support our causes and the work we do for our beneficiaries via any of the following ways (*tick one of the following):

Area of greatest need

Specific Beneficiary Group: _____
Please include one: Elderly, Children and Youth, Migrants, Ex-offenders



Scan the PayNow QR code with your bank's mobile application



Fill up this donation form and mail it back to us with the attached Business Reply Service.



Donate online at www.salvationarmy.org.sg/wg-donate-money

Learn more about our beneficiaries and impact at www.salvationarmy.org.sg

DONATION FORM

PAYNOW QR CODE

Dr / Mr / Ms / Mdm / Mrs

Name _____

Address _____

Postal Code _____ Tel/HP _____

Email _____

Current Donor New Donor

Personal Donation NRIC / FIN _____

Corporate Donation UEN _____

This donation is tax deductible and the deduction will be automatically included in your tax assessment if you have provided your Tax Reference number (e.g. NRIC/FIN/UEN).

I would like to find out more about: Volunteering Wills & Legacies

CASH / CHEQUES

I enclose my cash / cheque made payable to **The Salvation Army**

CASH CHEQUE Issuing Bank/No.: _____

The Salvation Army respects donor's confidentiality. By submitting our signed donation forms, you agree to The Salvation Army using your personal information for the purposes of processing your donation with the organisation. In the event we receive additional donations for a particular cause or vulnerable community than needed, The Salvation Army will channel the funds to make up for the shortfall in donations for our other needy beneficiaries.

You agree that The Salvation Army may collect, use and disclose your personal data, which you have provided in this donation form to providing marketing material that you have agreed to receive, in accordance with the Personal Data Protection Act 2012 and our data protection policy at <https://www.salvationarmy.org.sg/data-protection-policy>

Please tick the relevant boxes below if you agree to receive the following information sent by TSA about TSA's products or services, including updates on our latest promotions and new services, via the following channels: Email Phone Call



1. Scan the QR code using your preferred banking app
2. Enter your preferred amount and include the following in the reference field:
25PIQ4<space>NRIC/FIN/UEN<space>MobileNo.

DONATION AMOUNT

This year, The Salvation Army celebrates 90 years of helping the vulnerable. Your donations and support will bring about a huge impact to those in need.

Here is my donation \$50 \$200 \$500 \$ _____

CREDIT CARD

Please charge my donation to

MasterCard VISA Amex Diners

Name as on card _____

Card No. - -

Card Expiry / MM / YY Monthly One-time

Signature _____

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