

IN  
2022  
NOV

Published by  
The Salvation Army  
MCI (P) 008/02/2022

# Partners

# CARING



救世军

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\* Name has been changed and a volunteer model was used in the photograph.

## CHILDREN NEED THEIR MUM'S LOVE



John\* and his wife are the loving grandparents to 5 children. After their daughter's incarceration, they took over the care of their grandchildren. They felt a heavy burden on their shoulders, having more mouths to feed. As the couple was embarrassed by their daughter's incarceration, they did not share their situation with relatives and struggled to cope.

In 2021, John registered his grandchildren for the Kids in Play (KIP) programme under The Salvation Army's Children and Youth Group. Before they joined, the children did not visit their mother regularly due to the limited number of permitted visitors. Now, the children connect with their mother on a regular basis through KIP's virtual meetings and open visits in prison. Open visits held during KIP's Family Bonding Programme allow the children to hug their mothers without any physical barriers. KIP's specially planned programmes served to strengthen the family's relationships strained with estrangement, anger, and shame.

As part of KIP's programmes, the children attend educational outings and community events, which they would otherwise not have the opportunity to do due to their financial constraints. Besides helping the children cope with their mother's incarceration through our EMPOWER group sessions, KIP also helped the grandparents find support through our Caregivers' Connect sessions. Unfortunately, as things were improving, John's wife was diagnosed with cancer and the couple was devastated. KIP provided counselling to them, and with our support, they eventually found the courage to share their real struggles with their relatives.

The Salvation Army supports children of incarcerated parents and journeys with them through the difficult period of separation. There is also a safe space for the caregivers to be open about their challenges so that they can draw strength from one another and gain confidence to be better caregivers. Your donation will provide psychosocial help and courage to these families today.

### BE A BEACON OF HOPE



SCAN TO DONATE

- Log in to your mobile banking app
- Key in the donation amount
- Enter the details in the reference box for the tax deductible benefits:

E17<SPACE>NRIC/FIN/UEN  
<SPACE>MOBILENO  
Example: E17 S1234567A 91234567

# 孩子母亲的爱 他们需要

\*姓名已经更改

对约翰\*和他的妻子的五个孙子女来说，他们是和蔼的外公外婆。在他们的女儿入狱后，他们就负责照顾他们的孙子女。由于要养活这些孙子女，他们感觉肩上的责任重了许多。夫妻俩对于女儿入狱的事感到非常羞耻，因此他们并没有跟亲戚分享他们的难处而且挣扎求存。

2021年，约翰为他的孙子女登记参加救世军儿童与青少年组的“亲子乐”（Kids in Play，简称KIP）项目。在加入之前，由于有探访者人数的限制，这些孩子并没有定期探访他们的妈妈。如今，这些孩子能够通过“亲子乐”所组织的视像会议以及公开监狱探访活动定期地跟妈妈沟通联系。公开监狱探访是“亲子乐”底下的“亲子凝聚项目”所办的其中一项活动，这让孩子们有机会在没有阻隔的情形下拥抱妈妈。“亲子乐”特别安排各个项目，强化家庭关系，帮助那些破碎家庭面对离异、愤懑、蒙羞的困扰。

在“亲子乐”项目下，孩子们有机会参加富有教育性的郊游和社区活动。否则，在一般的情况下，由于孩子们家境贫寒，他们恐怕就没有机会参加这些活动了。除了通过本军的EMPower小组辅导来帮助孩子们面对母亲被监禁的变故之外，“亲子乐”也通过照料者互助小组的交流让外公外婆得到支援。不幸的是，当一切渐入佳境时，约翰的妻子却患上了癌症，夫妻俩深受打击。“亲子乐”为他们安排心理辅导。在本军的支持下，他们渐渐鼓起勇气，跟他们的亲戚分享他们的困境。

救世军支援父母被监禁的孩子，并与他们一起度过跟父母分离的困难时期。我们也为照料者提供一个安全的空间，让他们敞开心扉，抒发内心的痛苦与困扰。这样，他们就可以从彼此身上汲取力量，并有信心成为更好的照料者。您的捐献将为这些家庭带来精神上的支持并且让他们有继续走下去的勇气。

## CHECKING IN ON FEELINGS



As part of The Salvation Army Children and Youth Group's community engagement efforts, our Youth Development Centre developed and organised an in-house workshop that teaches children aged 7 to 10 how to express their emotions. Our facilitators worked closely with the children to share how they could recognise and express their feelings in a positive manner. Other activities conducted during the workshop included teaching the children how to identify activities they could do to cheer themselves up, such as keeping a feelings journal or having discussions about the latest movies with friends.



## VISITING PSA SINGAPORE



One rarely gets a sneak peek into what goes on behind the scenes at the busiest port in Singapore. However, this special opportunity was what our residents at The Haven received when volunteers from PSA Corporate Branding and Commercial Division organised a private outing to the port. Besides learning about port operations, the volunteers also brought the children to PSA's rooftop garden. Through their sharing about PSA's agriculture programme, the children developed an appreciation of growing and harvesting vegetables. We like to thank PSA Singapore for providing our residents with this unique and memorable opportunity.



## FOOD FOR THE SOUL



At Peacehaven, we help our elders feel that they are a part of the community and can live their lives to the fullest despite their conditions. We create exciting programmes suited for the elders and partner with volunteers to engage with them. One such event is our annual Peacehaven's Hawker Fare, where we serve our elders their favourite hawker food for lunch, which is a fresh change from their usual meals. For this year's edition, we were pleased to host volunteers from Income Insurance Limited who came to Jade Circle Arena and Changi Day Centre, where they participated in games and activities with the elders before sitting down together to enjoy delicious hawker food.



## Annual Report FY2022

The Salvation Army provides an extensive range of social services that care for vulnerable children and youth, frail elderly, struggling families, stigmatised ex-offenders and troubled migrant workers. We tailor our programmes to help our beneficiaries grow stronger and, in due course, become more resilient in overcoming their challenges. Without the support of every donor and volunteer who has supported us in the past year, we would not have been able to transform the lives of the people in need.

To learn more about our work, please visit [www.salvationarmy.org.sg](http://www.salvationarmy.org.sg) to download a copy of our FY2022 Annual Report.



## HELP NEEDED FOR CHRISTMAS KETTLING

Christmas Kettling will be back from 26 Nov to 22 Dec 2022, and we need volunteers to ring the bell and collect donations at Kettle stands located at various malls across Singapore. Your valuable effort will help support vulnerable beneficiaries and encourage them to overcome their struggles.

Volunteers must be at least 16 years old (as of 31 Dec 2022), and those younger can sign up with a parent or guardian. To register for your 2-hour shift at your preferred mall, please visit [www.christmaskettling.sg](http://www.christmaskettling.sg) or call 6555 0238 for assistance.

Your organisation can also help us by adopting a kettle pot and placing it at your premises. For more information, please email us at [volunteer@smm.salvationarmy.org](mailto:volunteer@smm.salvationarmy.org).



