

Partners IN CARING

2022
MAY

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救世军

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* Name has been changed and a volunteer model was used in the photograph.

IMPACTING LIVES



At The Salvation Army, we often meet people from diverse backgrounds with varying needs. Mdm Sheila*, a single mother in her mid-30s with a 10-year-old son, was one of them who approached The Salvation Army Family Support Services (FSS) 4 years ago.

After Mdm Sheila was granted sole custody of her son from her divorce, she moved into a rental flat near FSS due to the regular hostilities at her parents' home. Being the sole provider and caregiver, she was under undue stress juggling between working part-time and caring for her son, who demanded her attention. In desperation to find ways to cope with her situation, she approached FSS for assistance. Without haste, FSS provided her with emotional support through counselling sessions, gave her food rations and referred her to the relevant agencies for financial assistance.

Just when things were stabilising, Mdm Sheila's son was diagnosed with attention deficit hyperactivity disorder. Though devastated, she continued to soldier on for her son's sake. Having to accompany him for his medical appointments, she had to be frequently away from work which caused her to lose her job. These setbacks eventually took an emotional toll on her. FSS staff stood by her and provided her with a safe space to relieve her pent-up frustrations. FSS also helped her prioritise her family's needs and find new support networks for her son. After gaining new strength and having better control over her situation, Mdm Sheila is now ready to re-join the workforce.

You can help people like Mdm Sheila, who are impacted by their living circumstances, stay resilient during challenging times. Donate now and partner with us to be their beacon of hope and see their lives transformed and empowered.

**BE A BEACON
OF HOPE AMID
COVID-19**

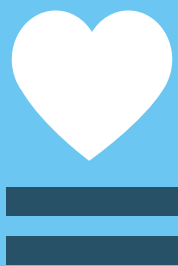


SCAN TO DONATE

- Log in to your bank's mobile banking app
- Key in the donation amount
- Enter the details in the reference box for tax deductible benefits:
E17<SPACE>NRIC/FIN/UN
Example : E17 S1234567A

赠人玫瑰 手留余香

* 姓名已经更改



在救世军，我们常常跟来自不同背景以及有不同需要的人接触。*希拉女士就是其中一位。她三十多岁，是一位单亲妈妈，育有一名10岁的儿子。4年前，她曾向救世军家庭支援咨询服务（The Salvation Army Family Support Services，简称FSS）求助。

希拉女士离婚后获得了儿子的抚养权。由于在父母家跟父母关系不好，她后来搬入了靠近救世军家庭支援咨询服务部门的租赁组屋。身为儿子的照料者，也是家中唯一的经济支柱，她得一边照顾很需要她关怀的儿子，一边做兼职工作，因此倍感压力。由于无法兼顾，她在无奈的情况下向救世军家庭支援咨询服务求助。本军马上为她安排心理辅导，在情绪上给予她支持，同时派送食物礼包给她并协助她向有关当局申请财务援助。

当希拉女士的情况稳定下来不久，她的儿子又被诊断患上多动症。她深受打击，但是为了儿子，她得坚强地面对。由于得陪儿子看医生，她常常无法上班，最终导致她失去了工作。这无疑是雪上加霜。这种种让她情绪崩溃。救世军家庭支援咨询服务的职员一直从旁协助，为她提供一个安全的地方，聆听她的申诉，让她宣泄心中的负面情绪。此外，本军也鼓励她以家庭的需要为重并为她的儿子寻找新的支援服务网络。理清心中烦乱的思绪后，希拉女士重新振作，她已经能更好地控制自己的情绪，而且现在也做好了准备，能重新加入劳动队伍。

您有能力帮助像希拉女士这样的人，让他们克服生活环境带来的苦难，在这段艰难时期坚持下去。请您慷慨捐献，与我们一同携手，为不幸的人带来曙光，帮助他们自立自强，让我们一起见证他们的生活得到改善。

AMAZING RACE



During the March school holidays, Youth Development Centre (YDC) organised an Amazing Race to foster teamwork and camaraderie among our youth. The race participants were divided into groups and had to work together to complete different tasks at various checkpoints. The list of high-energy games included captain's ball, minute-to-win-it and a treasure hunt. Participants were rewarded with prizes based on the total number of points earned.

The event was YDC's highlight of the week and allowed our youth to get to know one another better. They also took away many learning points as they had to co-operate with others and find ways to achieve their goals as a team.



VOLUNTEERS IMPACTING YOUTH



As part of Republic Polytechnic's National Youth Achievement Award programme, a group of polytechnic students initiated a Befriending and Guidance programme for youth in the community at Youth Development Centre. This initiative aims to empower youth with practical life skills such as effective communication and financial literacy. The polytechnic students covered various informative topics, such as managing finances, types of communication and maintaining a healthy lifestyle. Our youth shared that they had benefited from the sessions, and we would like to thank the volunteers for making an impact on their lives. If you have skills to share and are keen to work with youth, please write to us at ydc@smm.salvationarmy.org.



PEACEHAVEN BEDOK ARENA OFFICIAL OPENING



The Salvation Army Peacehaven Bedok Arena was officially opened on 26 March 2022, with Ms Cheryl Chan, Member of Parliament for East Coast GRC, gracing the event as the Guest of Honour. To mark the occasion, Lieut-Colonel Hary Haran, Chief Secretary for The Salvation Army Singapore, Malaysia and Myanmar Territory, and Ms Cheryl Chan mounted a commemorative plaque on the centre's facade. Many seniors and families from the community participated in the myriad of activities.

Apart from providing a Dementia Day programme, the centre is also an intergenerational lifestyle club for the young and old to interact. We offer health consultations and a wide range of amenities, including Gym Tonic for seniors to benefit from strength training. We seek to enhance the seniors' physical, mental, and psychosocial well-being through 'purposeful' play activities.



Sojourn Cafe - Serving Meals and Help to Migrant Workers

Sojourn has set up a help desk service in Little India for migrant workers who need assistance, counsel or social support. A new mission station has been strategically set up at 14 Flanders Square. It will allow us to reach out to migrant workers living in factory-converted dormitories and those living within the Little India vicinity, who may not have easy access to support as compared to those living in purpose-built dormitories.

In addition, Sojourn is working hand-in-hand with The Salvation Army Singapore Central Corps and other partners to run a soup kitchen for migrant workers in need. Future plans to hold talks and workshops are also in the pipeline.

Sojourn Cafe is open to the public daily (except Mondays), from 9am to 9pm. Come support us and you may get a chance to make friends with the migrant workers. For more information, please call 6631 8900.



In the Spotlight

Jimi is a welcome sight to many of our elderly residents in Peacehaven because he spends time listening, counselling and allaying their concerns and fears. Jimi has worked in Peacehaven for close to 20 years, previously serving in pastoral care and now in his current role as a counsellor. He works closely with the social work team to provide psychosocial and psychological support for the residents' well-being.

Being able to converse in various languages and dialects such as Mandarin, Malay, Hokkien, and Teochew allows Jimi to build strong connections with the residents, including those who cannot communicate in English. He empowers the residents by helping them know that they are valued and not alone. Jimi finds it incredibly rewarding to see residents having a sense of purpose in their lives and peace in their hearts.



Jimi
Counsellor, Peacehaven



RED SHIELD CLUB MONTHLY DONATION FORM

PERSONAL PARTICULARS

Name Dr/Mr/Ms/Mdm/Mrs _____
 Address _____
 Postal Code _____ NRIC/FIN/UEN _____
 Tel _____ Email _____

MONTHLY DONATION BY INTERBANK GIRO

Part 1: For Donor's Completion

To: **The Manager**

Bank _____ Branch _____

My A/C No.

I would like to "Make a new contribution of/Increase my contribution to \$ _____

- a) I/We hereby instruct you to process The Salvation Army's instructions to debit my/our account.
 b) You are entitled to reject The Salvation Army's debit instructions if my/our account does not have sufficient funds and charge me/us a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and impose charges accordingly.
 c) This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my/our written revocation through The Salvation Army.

Date _____ Signature(s) or thumbprint(s) as in bank record _____

Part 2: For The Salvation Army's Official Use

Bank	Branch	The Salvation Army's Account No.	Reference No.
7	1	7	1
0	0	3	0
0	3	9	2
4	3	3	8
3			

Bank	Branch	Account No. To Be Debited
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Part 3: For Financial Institution's Completion

To: **THE SALVATION ARMY,**

The application is hereby REJECTED for the following reason(s)

- ☐ Signature/Thumbprint# differs from the Financial Institution's records
☐ Signature/Thumbprint# incomplete/unclear
☐ Account operated by Signature/Thumbprint#
☐ Wrong account number
☐ Amendments not countersigned by customer
☐ Others:

Name of Approving Officer _____ Authorised Signature _____ Date _____

For thumbprints, please go to the branch with your identification.

MONTHLY DONATION BY CREDIT / CHARGE CARD

I would like to "Make a monthly contribution of/Increase my contribution to \$ _____

☐ MasterCard ☐ VISA ☐ Amex ☐ Diners

Name as on Card _____

Card No. - - - Card Expiry /

Date _____ Signature _____

All GIRO and Credit/Charge Card Payment will be made on the 4th day of every month. *Please delete where applicable.

This donation is tax deductible and the deduction will be automatically included in your tax assessment if you have provided your Tax Reference number (eg. NRIC/FIN/UEN).

- ☐ Yes, I want an annual receipt (only applicable to donors who have provided their NRIC/FIN/UEN).
 Receipt will only be issued for a donation of \$50 and above.
☐ No, I do not need an annual receipt.

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JOIN OUR RED SHIELD CLUB!

Red Shield Club is a recurring donation programme providing a steady and essential source of funds for The Salvation Army's social centres and programmes to help our beneficiaries.

BENEFITS OF REGULAR GIVING:

Convenient

Avoid the hassle of writing a cheque or worrying about enclosing cash in envelopes.

Simple

Receive a single summary of all your gifts in a year.

Flexible

Alter or cease your pledge at any time.

Affordable

It is easier to find \$10 a month than it is to find \$120 a year.

Cost-Efficient

Reduce the Army's gift processing and mailing cost.

Life-Changing

Regular gifts enable us to plan and develop our services and programmes more effectively to help people.

HOW IT WORKS:

1. Decide on the amount you wish to contribute each month, then select your deduction by inter-bank Giro or by credit card.
2. Fill out your personal and bank particulars using the monthly contribution form on the left and mail it back to us.
3. Your desired monthly donation will be automatically deducted on the 4th of every month.

Thank you for your continued support. Your donation will fund all social services under The Salvation Army to help our beneficiaries. Our fundraising goal for FY2023 is around \$12.9 million.

ONE-TIME DONATION FORM 一次捐款表格

Dr/Mr/Ms/Mdm/Mrs Name _____

Address _____

Postal Code _____ Tel _____

Email _____

☐ Personal Donation NRIC/FIN _____

☐ Corporate Donation UEN _____

This donation is tax deductible and the deduction will be automatically included in your tax assessment if you have provided your Tax Reference number (eg. NRIC/FIN/UEN).

Upon successful clearance of my donation, I would like to receive:

☐ An SMS acknowledgment only.

Or

☐ A tax deductible receipt for donations of \$50 and above.

I would like to find out more about:

☐ Monthly Donations ☐ Volunteering ☐ Wills & Legacies ☐ Donating Items

Here is my donation of ☐ \$50 ☐ \$80 ☐ \$100 ☐ \$ _____

☐ I enclose my cheque made payable to **The Salvation Army**

Bank/Cheque No. _____

Or please charge my donation to

☐ MasterCard ☐ VISA ☐ Amex ☐ Diners

Name as on Card _____

Card No. - - -

Card Expiry /

Signature _____



The Salvation Army IPC No. 000549
 Address Ang Mo Kio Central PO Box 640 Singapore 915605
 Volunteer 6555 0232 Wills & Legacy 6555 0238 Donation In-Kind 6288 5438
 Cash Donation 6555 0242 Email public.relationships@smm.salvationarmy.org

The Salvation Army respects donors' confidentiality. By submitting our donation forms, we have added you into our donor mailing lists for processing donations, donor relationship management, fund raising and communications. To opt out of receiving communication materials for our donors, kindly email donations@smm.salvationarmy.org with the subject heading "Unsubscribe".

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