



JOURNEYING WITH THE ELDERLY

M Yang* suffers from an intellectual disability and has always depended on a caregiver for her daily needs. When her mother passed away many years ago, her sister, Mdm Jing* took over as her caregiver. As time passed, Mdm Yang's health underwent a functional decline and she was admitted into The Salvation Army Peacehaven Changi Day Centre in 2017. This arrangement enabled Mdm Jing to continue caring for her sister and still manage her work commitments and household chores.

Over at our day centre, we cared for Mdm Yang and helped her to regulate her emotions. In order to stabilise her mood swings, we would engage her with her favourite activities such as watching Cantonese opera and dolling up with accessories. Our physiotherapist also regularly engaged her in exercises to help maintain her functional abilities. During the weekends, Mdm Yang received home care assistance for showering and grooming. This alleviated Mdm Jing's stress over her caregiving duties and allowed her to have more time to bond with other family members.

In 2020, Mdm Yang's Alzheimer disease worsened and it became increasingly difficult for her sister to cope. In the interest of both sisters, Peacehaven arranged for Mdm Yang to attend the day centre seven days a week. When Mdm Yang's functional decline progressed even further, our social worker arranged for her to be admitted into Peacehaven Nursing Home.

Throughout Mdm Yang's care under The Salvation Army, we assisted the family with financial assistance and also provided caregiver support to her sister. Mdm Jing is extremely grateful to us for providing suitable care along the different stages of her sister's condition and making it a seamless transition in the continuity of care. Mdm Yang continues to need our support for her nursing care. Please help us to continue caring for her and other needy beneficiaries with your kind donation today.

BE A BEACON OF HOPE AMID

used in the photograph.



SCAN TO DONATE

 Log in to your bank's mobile banking app

• Key in the donation amount

 Enter the details in the reference box for tax deductible benefits: E17<SPACE>NRIC/FIN/UEN Example : E17 S1234567A



* 姓名已经更改

*杨女士是一位弱智人士,她一直需要依赖照料者料理她每日的起居饮食。当她的母亲多年 前去世后,她的妹妹*瑾女士就成为了她的照料者。过了一段时间,杨女士的健康每况愈下, 行动能力大大减弱。后来在2017年,她开始到救世军安乐之家樟宜日间托管中心(The Salvation Army Peacehaven Changi Day Centre)去。这个安排使得瑾女士能继 续照顾她姐姐,同时兼顾自己的工作和打理家务。

在本军的日间托管中心,我们细心照料杨女士并帮助她控制自己的情绪。为了稳定她的情绪 波动,我们让她做她最喜欢的活动,如观看粤剧以及用饰物来打扮自己。本军的物理治疗师 也会定期让她做运动,帮助她保持行动能力。周末的时候,杨女士会获得登门护理服务,帮 她洗澡和梳洗。这就大大减轻了瑾女士照料姐姐的的压力,也让她有更多时间跟家人团聚。

2020年,杨女士的阿尔茨海默症进一步恶化,瑾女士在照料姐姐方面也愈发困难了。为了 姐妹俩着想,安乐之家安排杨女士一周七天都到日间托管中心去。可是,随着杨女士的行动 能力进一步衰退,本军的社工于是就安排她入住安乐之家疗养院(Peacehaven Nursing Home) 。

在杨女士接受救世军的照料这段期间,我们为她提供财务援助并为杨女士的妹妹提供照料上 的支援。瑾女士格外感激我们在杨女士身体健康走下坡的不同阶段,为她提供适当的护理, 并且从托管中心到入住疗养院的过程中做到无缝过渡,确保杨女士一直得到护理。杨女士仍 然需要本军照料。请您通过善心的捐献,协助我们继续照顾她以及其他有需要的受益者。

KAMPONG DAY

eacehaven Bedok Arena organised a Kampong Day in April and invited residents living nearby to check out our new centre facility at Block 187 Bedok North Street 4. Member of Parliament for East Coast GRC, Ms Cheryl Chan, came to support the event and interacted with the community.

Around 150 people of all ages visited in staggered timings and they were given an experiential tour of our centre's amenities, including Gym Tonic. Seniors aged 60 and above were also invited to take part in a mental health assessment as part of our service to the community. Many visitors expressed their appreciation for our senior-friendly services which promote active ageing.



#MAYWECARE



HAYWECARE is a joint effort by The Salvation Army and our partners to encourage families to appreciate their foreign domestic helpers by taking them out for a meal in the month of May. To achieve the campaign's objectives, we collaborated with various key partners such as StandUpFor.sq and Big Red Button who designed the campaign and produced social media content. Park Hotel Group offered free meals for domestic helpers at their restaurants, while our Red Shield Industries family stores ran a special promotion for helpers.

The Salvation Army is grateful to all our partners for sharing the same vision of building a caring society and highlighting the need to treat foreign domestic helpers with kindness.



ONE FAMILY, **ONE COMMUNITY AND WE CARE**





n 7 May 2021, our Prison Support Services - Kids in Play held our first virtual 'One Family, One Community and We Care' event, to support our Muslim clients during Ramadan by breaking fast together with them. The main objective of the virtual event was to create a culture of mutual support and respect across all races and beliefs.

Around 50 clients and staff from different races came together online to break fast and shared a common bond over themes on parental or spousal incarceration. We like to thank all our attendees for demonstrating a spirit of togetherness and also our volunteers from Elijah7000 for delivering the food packages to the families.



any might not know this, but The Salvation Army first cared for women and girls in Singapore through its work shelter programme in the 1930s. As the Programme Manager at Carehaven, Maureen ensures that her team carries the same compassion in caring for the foreign domestic workers who are caught in challenging circumstances and require a safe shelter.

Maureen feels that it is very meaningful to be directly involved in improving the well-being of these ladies by guiding them to be more resilient. For her, to see the smile on the ladies' faces when they find justice or when they have reconciled with their families, has been truly rewarding.

Red Shield Event 2021

Due to further tightening of safe management measures, we are unable to proceed with the Red Shield Event on 30 July 2021. Kindly note that the event will be postponed to 1 October 2021.

For more timely updates on the event, do follow us on Facebook: SalvationArmySingapore.

> Maureen Programme Manager, Carehaven

RED SHIELD CLUB MONTHLY DONATION FORM

RSONAL PARTICULARS

Name Dr/Mr/Ms/Mdm/Mrs				
Address				
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Tel Email				
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My A/C No.				
I would like to "Make a new contribution of/Increase my contribution to \$				

a) I/We hereby instruct you to process The Salvation Army's instructions to debit my/our account.

- b) You are entitled to reject The Salvation Army's debit instructions if my/our account does not have sufficient funds and charge me/us a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and impose charges accordingly.
- c) This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my/our written revocation through The Salvation Army.

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□ An SMS acknowledgment only.	Card Expiry M M / Y	Y	



□ A tax deductible receipt for donations of \$50 and above.

The Salvation Army IPC No. 000549

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The Salvation Army respects donors' confidentiality. By submitting our donation forms, we have added you into our donor mailing lists for processing donations, donor relationship management, fund raising and communications. To opt out of receiving communication materials for our donors, kindly email donations@smm.salvationarmy.org with the subject heading 'Unsubscribe'.

Signature



JOIN OUR RED SHIELD CLUB!

Red Shield Club is a recurring donation programme providing a steady and essential source of funds for The Salvation Army's social centres and programmes to help our beneficiaries.

BENEFITS OF REGULAR GIVING:

Convenient

Avoid the hassle of writing a cheque or worrying about enclosing cash in envelopes.

Simple

Receive a single summary of all your gifts in a year.

Flexible

Alter or cease your pledge at any time.

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It is easier to find \$10 a month than it is to find \$120 a year.

Cost-Efficient

Reduce the Army's gift processing and mailing cost

Life-Changing

Regular gifts enable us to plan and develop our services and programmes more effectively to help people.

HOW IT WORKS:

- **1.** Decide on the amount you wish to contribute each month, then select your deduction by inter-bank Giro or by credit card.
- 2. Fill our your personal and bank particulars using the monthly contribution form on the left and mail it back to us.

3. Your desired monthly donation will be automatically deducted on the 4th of every month.

Thank you for your continued support. Your donation will fund all social services under The Salvation Army to help our beneficiaries. Our fundraising goal for FY2022 is around \$7 million.

□ Diners

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