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**CAREGIVER** SEMINAR



**SENIOR CITIZENS**' WFFK



**GIVING** 



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\* Name has been changed and a volunteer model was used in the photograph.

# HOPE FOR MIGRANT WORKERS



anesh\* like many migrant workers, left his hometown in India to work in Singapore. When he first came to Singapore, he felt very isolated and missed his elderly parents terribly. Things only took a turn for the better after he found friendship and support through an event conducted by The Salvation Army Sojourn at a recreation centre near his dormitory.

Ganesh felt touched by Sojourn's concern for his well-being and the other migrant workers around him. He shared that he was desperate to communicate with his family to tell them that he was safe and find out how they were doing. As he was still paying off his debts, he was not able to afford a mobile phone yet. Through our team's encouragement, he persevered and remained focused on his goals. Ganesh became more optimistic about his situation and managed to save up to buy himself a mobile phone. When Covid-19 hit and movement restrictions were imposed at his dormitory, he

was grateful that we continued to reach out to him and his friends by sending care packs and conducting virtual engagements, which offered meaningful human connections and a respite from the doldrums.

In November 2021, Ganesh contracted Covid-19 and was hospitalised. He had a high fever and was very worried about his health. Our team stayed in touch with him to uplift his spirits and provided him with emotional support at his lowest point. Thankfully, Ganesh made a full recovery and was able to return to his dormitory.

Sojourn's programmes allow vulnerable migrant workers like Ganesh to share their challenges and receive the help that they need. With your kind support, many more migrant workers and other underprivileged groups will no longer have to face their difficulties alone. Please join us in bringing hope to those in need today.

### **BE A BEACON OF HOPE AMID** COVID-19



- · Log in to your bank's mobile banking app
- · Key in the donation amount
- · Enter the details in the reference box for tax deductible benefits: Example : E17 S1234567A

姓名已经更改



跟其他许多客工一样,甘尼斯\*离乡背井,从家乡印度来到新加坡工作。当他初次来到新加坡 时,他感到十分孤寂并且异常思念还在家乡的年迈父母。后来,他参加了救世军客旅项目 (The Salvation Army Sojourn) 在他的宿舍附近一个休闲中心举办的一项活动。于是, 他就结交了新朋友并得到了相关的支援,情况就开始改善了。

对于本军客旅项目对他以及他周遭的其他客工的福利所表现的关怀,甘尼斯深受感动。他说, 他急着跟他的家人联系,告诉他们他一切安好,同时也想了解家人的近况。由于他还在清还债 务,所以他还没有足够的钱买手机。在本军团队的鼓励下,他坚持不懈并持续专注于自己的目 标。此后,甘尼斯对于自己的处境变得更积极乐观,也存够了钱给自己买了一台手机。当新冠 疫情蔓延时,他在宿舍的行动受到了限制。本军继续通过分发关怀礼包以及通过线上视讯跟他 和他的朋友保持联系。对此,他感激不已。这是有意义的人际沟通交流并且让他们从压抑低迷 的氛围中得到喘息的机会。

2021年11月,甘尼斯感染了新冠肺炎并入院接受治疗。他发高烧,所以他很担心自己的健康 状况。本军团队一直跟他保持紧密联系,鼓励他并在他陷入困境时给予情绪上的支持。庆幸的 是,甘尼斯如今已经痊愈,并且已经出院回到他的宿舍了。

本军的客旅项目让弱势的客工如甘尼斯等跟我们分享他所面对的挑战,而我们也给予他们所需 要的援助。有了您的善心支持,更多客工以及其他弱势群体将不用再独自面对他们的困境。请 您今天就加入这个善心行列,把盼望带给那些有需要的人。

## **CAREGIVER SEMINAR**



n partnership with Ageing Asia, Peacehaven held a caregiver seminar with the theme "Freedom from the Impact of Dementia" at the World Ageing Festival 2021. The hybrid event also marked the launch of Peacehaven Jade Circle Acaredemy's first advanced course in dementia care.

The programme started with a welcome message by Peacehaven's Executive Director, Mdm Low Mui Lang. This was followed by a sharing session with caregivers and the announcement of Peacehaven's partnership with the City of Glasgow College. Member of Parliament for East Coast GRC, Ms Cheryl Chan, gave a speech and officially launched the dementia care advanced course by Peacehaven.



### **SENIOR CITIZENS'** WEEK



n 17 December, we celebrated Senior Citizens' Week by bringing back our Hawker Fare event to our elderly residents at Peacehaven Nursing Home. Hawker Fare is held to improve our residents' well-being by giving them the autonomy of making their own food choices. Many residents were all smiles as they tucked into their favourite local dish.

Special thanks to Mr KF Seetoh and Makansutra Gluttons Bay for supporting our cause and collaborating with donors to sponsor a wide selection of scrumptious food, such as Hokkien mee, char kway teow, seafood fried rice, nasi lemak, satay, dessert and



# **FESTIVE** GIVING





hanks to your generous support for our Christmas Kettling campaign, we have raised over \$53,000 as of 16 December.

We are very grateful to Starbucks Singapore for holding its annual Christmas Open House in support of The Salvation Army. We would also like to extend our appreciation to our partners: AMK Hub, Suntec City, Tampines Mall, TANGS (Tang Plaza), Toa Payoh Hub, The Centrepoint, Plaza Singapura and West Mall, as well as our fundraisers: Fusion Health Care Technology and Star Wars costuming clubs: Singapore Garrison 501st Legion, Cathar Base Singapura - Rebel Legion and Karnak Clan Mandalorian Mercs.

On behalf of all our beneficiaries, we thank you for your kindness and for making this festive period a truly iovous one!



Expanding!

With the pandemic still ongoing, migrant workers in Singapore continue to face numerous difficulties and challenges at work and in their personal lives. Sojourn, having journeyed with the migrant workers in purpose-built dormitories, is expanding and will be pivoting to serve workers residing in factory-converted dormitories who face a different set of challenges and difficulties.

We are also pleased to share that early next year, Sojourn will be co-located within a soup kitchen establishment, which is within walking distance from **Farrer Park MRT Station and Mustafa** Centre. This will further extend our support through outreach and social programmes for the many migrant workers who visit or reside in the



2. In the Spotlight

ui Wen is a Senior Social Worker at Gracehaven Fostering. On a day-to-day basis, she manages cases, plans events for foster parents and children, and works on creating awareness on fostering and recruiting more foster parents

Hui Wen shared that the younger foster children often feel confused during the adjustment period of staying in a foster home. Hence, she finds meaning in supporting the foster children during these moments, to ease their worries and journey with the foster parents in caring for them so that they can feel safe and happy. It is always encouraging for her when she meets big-hearted foster parents who welcome the foster children into their homes and treat them like their own family.



Senior Social Worker, Gracehaven Fostering