

# Partners IN CARING

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救世军

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\* Names have been changed and volunteer models were used in the photograph.

## UPHOLDING FAMILIES

Sara\* was thrown into an emotional turmoil when her husband was incarcerated in 2018. It did not help that she was suffering from a mental health condition and had to care for her 4-year-old daughter, Sofia\*, alone. Sara struggled to put up a brave front for her daughter even though she was surrounded by darkness. Desperate for help, she turned to The Salvation Army Prison Support Services – Kids In Play (PSS-KIP) programme for assistance.

When Sara initially joined PSS-KIP's Caregivers Support Group, she was afraid of sharing her experiences. As she continued to participate in more sessions, she began to share her thoughts and feelings, which helped her to find comfort and draw strength from others.

As an only child, Sofia often kept to herself during PSS-KIP's initial EMPower group sessions for children. With positive encouragement from the staff and volunteers, she slowly opened up and enjoyed making new friends of all ages.

Sara and Sofia have never missed any of our activities. They look forward to every Family Bonding Programme, where they can meet Sofia's father in the prison, without any physical barrier between them. During our Children's Day Programme in 2020, Sofia was thrilled to have connected with her father via Zoom; showing her drawings, singing songs to him, and exchanging their love for each other.

Though faced with uncertainties of what the future may bring, Sara is glad to have found more stability in her marriage. She credits The Salvation Army's support in enabling her and her husband to communicate more effectively and resolve their differences.

At The Salvation Army, we uphold and help many struggling families to remain connected. There is always hope in every situation and every family. With your kind support, we can help transform the lives of many more individuals and families.

BE A BEACON  
OF HOPE AMID  
COVID-19



SCAN TO DONATE

- Log in to your bank's mobile banking app
- Key in the donation amount
- Enter the details in the reference box for tax deductible benefits:  
**E17<SPACE>NRIC/FIN/JEN**  
Example : E17 S1234567A

# 支持家庭

\*姓名已经更改

2018年，\*莎拉的丈夫入狱被监禁之后，她顿时崩溃。雪上加霜的是莎拉本身就患有精神疾病，加上得独自照料年仅四岁的女儿苏菲，肩上的负担变得沉重许多。为了女儿，莎拉只好在人前强装坚强，尽管内心已被幽暗的情绪笼罩着。在彷徨无助的情况下，她向救世军监狱支援服务——亲子乐项目寻求援助。

最初，当莎拉参加照料者支援小组时，她不太愿意跟其他人分享自己的经验。当她参加了多次小组聚会后，慢慢开始跟其他人分享她的想法和感受。这有助于她得到心灵上的慰藉，也让她从其他人身上找到力量。身为独生女，苏菲刚参加专为儿童举办的小组活动时，并不十分合群。在本军职员和志愿者的积极鼓励下，她渐渐敞开心扉，并且享受跟不同年龄的儿童做朋友。

莎拉和苏菲从不缺席本军的任何活动。她们期待参加每一次的家庭团聚活动。在这个项目下，她们可以跟在狱中服刑的苏菲的爸爸在没有任何阻隔的情况下面对面见面。在本军的2020年儿童节活动中，苏菲通过Zoom视像会议跟爸爸见面，这让她激动不已。她兴奋地透过电脑视频向爸爸展示自己画的图画、唱歌给他听，并向对方表达对彼此的关爱。

尽管未来充满了未知数，莎拉庆幸她能稳住自己的婚姻。她将这一切归功于救世军的支持，使她能更有效地跟丈夫沟通，化解彼此的分歧。

救世军一向来支持并帮助许多处境艰难的家庭，使他们继续保持联系。不论是什么情况，不论是何种家庭，我们坚信始终都是有希望的。在您的慷慨支持下，我们将能改善更多人，乃至更多家庭的生活。

## FESTIVE JOY



This pandemic has made 2020 a difficult year for everyone, especially the vulnerable. However, in the midst of all the gloom, we are very grateful to the many donors and partners who have come alongside for Christmas Kettling and helped us raise over \$103,000, including a donation of \$23,942 from Starbucks Singapore for Starbucks Christmas Open House.

We also wish to give a shout out to The Milelion, Fusion Consulting and other partners who have joined us in raising funds during the festive season. Thank you for opening your hearts and sharing the joy of Christmas with our beneficiaries.



## 55 IN 55 CAMPAIGN



We were delighted to work with Stephen Choy who completed an ultra-triathlon on 30 October and raised \$55,185 for Gracehaven. To mark his 55th year, Stephen embarked on a bold commitment to swim 5.5km, cycle 550 km, run 55 km, within 55 hours, to raise funds for Gracehaven through his 55 in 55 campaign on Giving.sg. Besides making a positive impact on the lives of our young residents through the fundraiser, Stephen also hopes to inspire them to press on in life regardless of their challenges.

The Salvation Army wishes to express our gratitude to Stephen for overcoming all odds to finish this amazing feat, and also to his family and friends who donated generously and supported him throughout the challenge.



## BACK TO SCHOOL



Prison Support Services - Kids In Play provides professional and practical support to children of incarcerated parents as we journey with them through the difficult period of separation. Before the new school term kicked off, we started preparing back-to-school kits to ensure that our children are well prepared for a great start in 2021.

To lessen the financial burden of our families, we gave out 33 refurbished laptops and 180 back-to-school kits which included essentials such as school bags, stationeries, shoes, and bookstore and supermarket vouchers. We are very thankful to our sponsors and donors who have made this possible and for providing the resources to help our children navigate the new school year.



### Sojourn - SGcare Community Help Centre

To bolster our efforts in supporting the male migrant workers community, we recently opened The Salvation Army Sojourn - SGcare Community Help Centre in Sungei Tengah Lodge.

This new centre will provide Sojourn and our partners a permanent place where migrant workers can walk in to receive emotional support, counselling and other forms of assistance.



## In the Spotlight

Driven by his passion to contribute to the community, Mr Tan Ghim Liong, 63, has been volunteering at Red Shield Industries for over 19 years.

More fondly known as Uncle Tan, he volunteers at the various family stores regularly. He finds joy recycling used items and helping with decorations at the stores. Uncle Tan's strengths are in repairing electronics and electrical items as he enjoys putting his skills into practical use. Uncle Tan feels encouraged and heartened by his ability to contribute as he continues to make a difference by giving back to the community.



Mr Tan Ghim Liong  
Volunteer

