

Touching Lives

Ayu was staying with her husband and three young children in a two-room HDB rental flat. Their family income was paltry and irregular as her husband was working as a contract mover. She could not find a job then as her eldest daughter aged five had developmental problems, making it difficult for Ayu to send her daughter to childcare. Her children often fell sick, causing her hospital debts and arrears in rent and utilities to accumulate. Adding to her string of problems, her relationship with her husband was strained and her father was chronically ill.

Feeling burdened by all the stress, Ayu approached The Salvation Army Family Support Services (FSS) for help. FSS stepped in by providing financial assistance to settle her arrears. They also provided supermarket vouchers so she could purchase more nutritional food for her children. FSS then found a suitable childcare for her children and assisted them with transportation and school pocket money.

With encouragement from a FSS social worker, Ayu registered for the Community Development Council job matching scheme. The social worker guided Ayu in preparing her resume and eventually she found a permanent job. Around the same period, Ayu started attending FSS Mothers' Support Group that taught her how to better manage family matters. Ayu is now no longer depressed and works towards building a happy and strong family.



**Name above has been changed*

The Salvation Army meets community needs without discrimination. Since 1935, we have been touching hearts, inspiring minds and nurturing souls, making a life-long impact in countless lives all over Singapore.



The Salvation Army

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Family Support Services

Strengthening Families





Strengthening Families

As a convenient, one-stop community based centre, Family Support Services has been making a difference to the lives of the less privileged. Our core programmes include social and case work management, food ration assistance, elderly befriending services and support groups for the elderly and the young people. Besides extending a practical life-line and friendship to the marginalized in the community, we also provide referral services to link people to services that will best help them.

We work closely with many corporate and individual volunteers to organise interactive activities for the elderly and disadvantaged families so that they do not feel forgotten.

The Mothers' Support Group aims to empower mothers to be more independent. Facilitated by 'Australian and New Zealand Association' (ANZA) Action, the volunteers share tips on parenting and home management with the beneficiaries.

Health Care Services are run by staff and volunteers who are certified nurses. Basic health checks, such as blood pressure and blood glucose examinations, are carried out for the beneficiaries during the food ration distribution.

Home Care Services are ad-hoc programmes where volunteers paint, refurbish and clean the homes of the needy in the community.

Location & Contact

Family Support Services

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**Volunteer models may be used in some photographs to protect the identity of our beneficiaries.*

