

Touching Lives

Fiona* is a 19 year-old cheerful girl who brings laughter to others wherever she goes. Despite her cheerful disposition, Fiona used to be a timid and reserved individual.

When Fiona's father was incarcerated, her life became a nightmare as she could not bear the separation. Fiona struggled to express herself, even to those closest to her.

In a bid to help Fiona cope with her father's incarceration, her mother persuaded her to join Prison Support Services - Kids In Play programme. The programme provided her with social and emotional support, allowing her to learn how to overcome her difficulties by being resilient. Through the programme, Fiona has matured into a young lady who now regularly volunteers with PSS-KIP.

Not only did Fiona get to mingle and bond with the children during our EMPOWER group work sessions, she also had multiple opportunities to travel overseas where she helped to build houses and befriended the beneficiaries. Fiona was touched by the joy of serving others and has been very appreciative of PSS-KIP for the opportunities to give back to society.

Through the PSS-KIP programme, Fiona has been inspired to be a pillar of support to children with similar experiences, and also to the marginalised population. She dreams of meeting children from different walks of life and being an advocate for those who are unable to speak up for themselves.



*Name above has been changed

The Salvation Army meets community needs without discrimination. Since 1935, we have been touching hearts, inspiring minds and nurturing souls, making a life-long impact in countless lives all over Singapore.



The Salvation Army

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Prison Support Services - Kids In Play
Breaking Barriers, Rebuilding Ties





Breaking Barriers, Rebuilding Ties

Prison Support Services – Kids In Play (PSS-KIP) works closely with relevant social services to provide professional support to families of incarcerated parents. We envision a society where families of incarcerated parents are embraced and we strive towards it by adopting the following approaches:

- Recognising and building on clients' strengths in working towards re-integration and being active contributors to their communities.
- Integrating practice and research for the purpose of improving client's well-being, advocating for and with clients, and influencing policies.
- Engaging and mobilising communities to be more inclusive of our clients.

Casework and counselling are provided to the children and their caregivers to address the impacts of incarceration. Sessions may also be arranged for the incarcerated parents on a case by case basis. Apart from self-referrals, we also receive referrals from the prisons, various social service agencies and our playroom service.

At PSS-KIP, we recognise that every child has the potential and ability to be a valuable member of society. Through our

group work sessions, we focus on the character development of the child, enabling them to be resilient individuals who will in turn give back to the community and society in their own way. The group work sessions also provide a community of support for the children, allowing them to cultivate a sense of belonging through positive interactions with one another and with our passionate volunteers.

Concurrently, caregivers are encouraged to attend the Caregiver's Support Group, where they can interact with fellow caregivers and pick up positive coping skills. This is also a platform where caregivers can volunteer their time and skills.

Pre-sessions are also conducted for the incarcerated parents, where they can learn more about parenting skills. Our sessions focus on strengthening the relationship between themselves and their children, and these skills can be applied during the Family Bonding Programme.

The Family Bonding Programme is a high point for our children and their parents. It allows children to interact with their incarcerated parents without physical barriers. This programme aims to keep inmates motivated through family

support and prevents the breakdown of the family unit resulting from the physical separation.

To reach out to potential clients, we have a playroom service which is run by our volunteers. It engages children through play as they wait to meet their incarcerated parents.

In addition to our programmes and services, PSS-KIP works with corporate partners and the community to provide our clients with learning and bonding opportunities through ad-hoc events and workshops. These partnerships will help build a society where families of incarcerated parents are embraced.

Prison Support Services – Kids In Play

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*Volunteer models may be used in the photographs to protect the identity of our beneficiaries.